

The book was found

# **Eating Disorders (Mental Illnesses And Disorders: Awareness And Understanding)**



## Synopsis

It is normal for people to feel insecure about their bodies sometimes; nobody is perfect. For some people, however, body image can become an obsession, leading to a possible eating disorder. Not eating at all or eating too much are both eating disorders when they occur on a regular basis. Eating disorders are both physical and mental conditions. Thankfully, treatment is available, helping sufferers lead healthier lives. The lives of millions of kids are affected by mental illness. And yet its all too common for kids to feel like they are alone with their problems. Whether you're seeking information for family, friends, or yourself, these books help explain the challenges faced by people with mental disorders. Each title in this series contains color photos and back matter including: an index, further reading lists for books and internet resources, and a series glossary. Mason Crest's editorial team has placed Key Icons to Look for throughout the books in this series in an effort to encourage library readers to build knowledge, gain awareness, explore possibilities and expand their viewpoints through our content rich non-fiction books. Key Icons are as follows: Words to Understand are shown at the front of each chapter with definitions. These words are then used in the prose throughout that chapter, and are emboldened, so that the reader is able to reference back to the definitions- building their vocabulary and enhancing their reading comprehension. Sidebars are highlighted graphics with content rich material within that allows readers to build knowledge and broaden their perspectives by weaving together additional information to provide realistic and holistic perspectives. Text Dependent Questions are placed at the end of each chapter. They challenge the

## Book Information

Series: Mental Illnesses and Disorders: Awareness and Understanding (Book 13)

Hardcover: 48 pages

Publisher: Mason Crest Publishers (September 1, 2015)

Language: English

ISBN-10: 1422233723

ISBN-13: 978-1422233726

Product Dimensions: 8.6 x 0.3 x 11 inches

Shipping Weight: 14.1 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #883,890 in Books (See Top 100 in Books) #64 in Books > Teens > Personal Health > Depression & Mental Health #131 in Books > Teens > Education & Reference > Social

[Download to continue reading...](#)

Eating Disorders (Mental Illnesses and Disorders: Awareness and Understanding) Depression (Mental Illnesses and Disorders: Awareness and Understanding) Resources for Extraordinary Healing: Schizophrenia, Bipolar and Other Serious Mental Illnesses Understanding Recovery from Eating Disorders (Teen Eating Disorder Prevention Book) Helping Your Child with Extreme Picky Eating: A Step-by-Step Guide for Overcoming Selective Eating, Food Aversion, and Feeding Disorders What's Eating You?: A Workbook for Teens with Anorexia, Bulimia, and other Eating Disorders Explaining 'Unexplained Illnesses': Disease Paradigm for Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, and Gulf War Syndrome The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life The MindBody Workbook: A Thirty Day Program of Insight and Awareness for People with Back Pain and Other Disorders The Mental Game of Poker 2: Proven Strategies for Improving Poker Skill, Increasing Mental Endurance, and Playing in the Zone Consistently Mental Math, Grade 3: Strategies and Process Skills to Develop Mental Calculation (Singapore Math) Mental Math, Grade 2: Strategies and Process Skills to Develop Mental Calculation (Singapore Math) Mental Math, Grade 4: Strategies and Process Skills to Develop Mental Calculation (Singapore Math) The Secret of Mental Magic Tricks: How to Amaze Your Friends with These Mental Magic Tricks Today! The Nineteenth Mental Measurements Yearbook (Buros Mental Measurements Yearbook) Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying Binge Eating Cure: Cure Binge Eating with Intermittent Fasting The Joy of Eating Well: A Practical Guide to- Transform Your Relationship with Food- Overcome Emotional Eating- Achieve Lasting Results Teaching Kids with Mental Health & Learning Disorders in the Regular Classroom: How to Recognize, Understand, and Help Challenged (and Challenging) Students Succeed The ICD-10 Classification of Mental and Behavioural Disorders: Clinical Descriptions and Diagnostic Guidelines